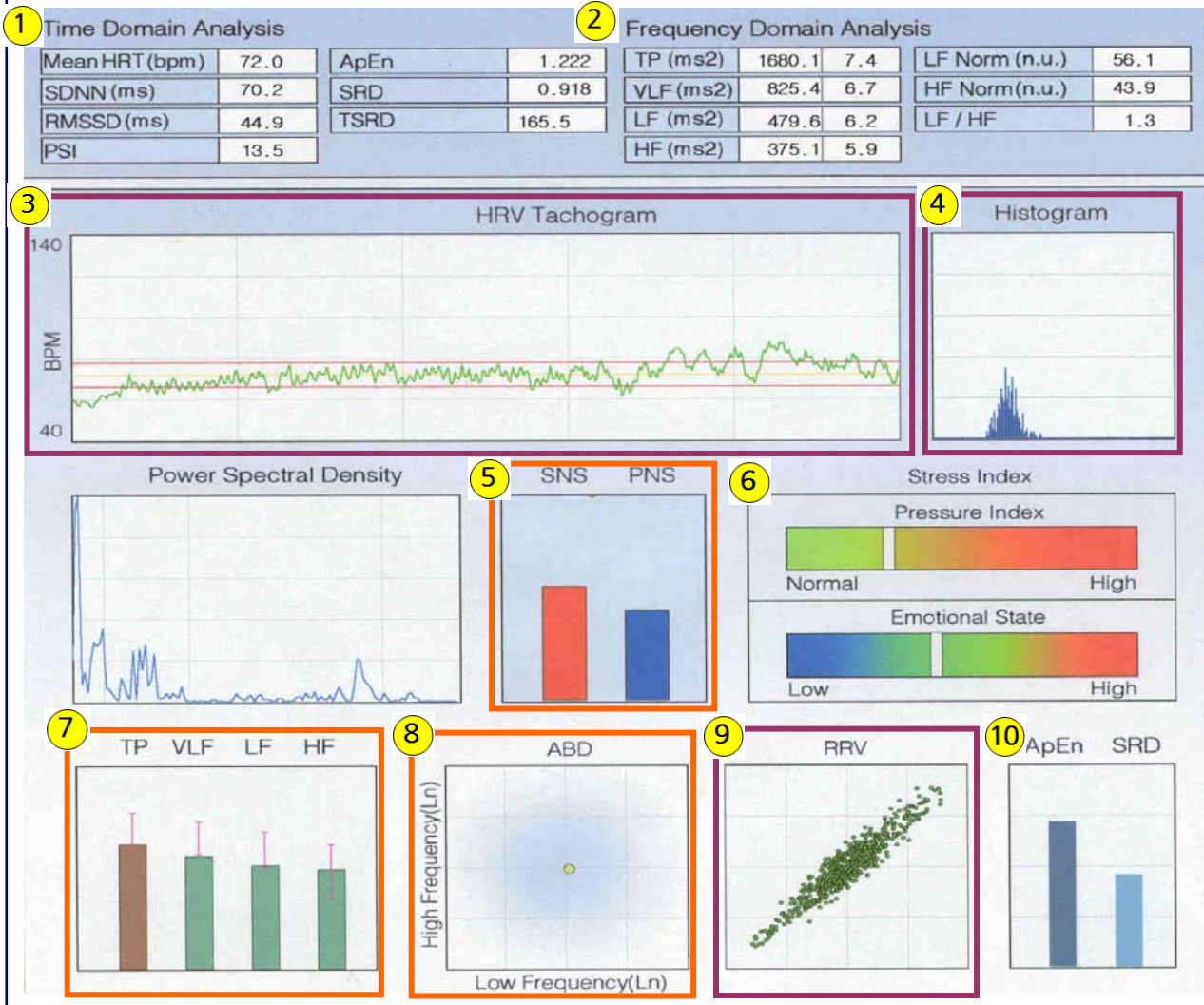


HRV REPORT



① Time Domain Analysis

Mean HRT (bpm) : 60~90

SDNN :

| | | | |
|---------|---------|-----------|------------|
| Over 50 | Over 30 | 20~30 | Below 20 |
| Healthy | Normal | Attention | Consulting |

RMSSD :

| | | | |
|---------|--------|-----------|------------|
| Over 40 | 20-40 | 10~20 | Below 10 |
| Healthy | Normal | Attention | Consulting |

② Frequency Domain Analysis

TP : Over 1000 (In TP 7 Over)

LF/HF : 0.5~2 (In a range of Autonomic Nerve Balance)

③ HRV Tachogram

Healthy : Highly variable and complicated

④ Histogram

Healthy : Widely spread out

⑤ **SNS : PNS Normal Balance** => 4:6, 5:5, 6:4

⑥ **Pressure Index** : White bar should be located on the

green zone.

Emotional State : White bar should be located on the green zone.

⑦ **TP, VLF, LF and HF are located on I zone**

TP Lowering : Lower in the autonomic nerve activity and resistance against stress (In TP 6 below)

LF Lowering : Acute stress, fatigue, loss of energy, insomnia (In LF 4.5 below)

HF Lowering : Chronic stress, electronic stability of cardiac, functional colon syndrome (In HF 4.5 below)

⑧ **Green point is located in the middle of diagram**

⑨ **RRV** : Widely spread out.

⑩ **ApEn** : The higher is the better (Over 1.15)

SRD : Reliability level for the test result (Over 0.9)

TSRD : Total reliability level for the test result.

The higher is the better (Over 100)